#### **UCLA Women's Track & Field**

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# Bruins host annual UCLA/USC Dual Meet on Saturday (May 1); For the Fourth Week in a Row, UCLA Ranked No. 2 in the U. S.

#### **THIS WEEK**

UCLA's Drake Stadium will host the annual women and men's UCLA/USC dual meet on Friday/Saturday (April 30/May 1). On Friday, the hammer throw competition will begin at 3 p.m. and on Saturday, field events start at 11:30 a.m. and running events at 12:35 p.m. The meet will be scored traditionally (5-3-1 individual events/5-0 relays) and ticket prices are \$6 (adults) and \$4 (students).

Fox West 2 will televise the meet on Saturday, May 8 at 8 p.m.

In the women's dual history, UCLA leads the series 17-3 (21st annual) and has won the last 11 meets in a row (Bruin head coach Jeanette Bolden is 10-0 vs. USC in the dual meet series). USC's last win was in 1992 (USC 80-UCLA 30 at Drake Stadium).

#### THE LEXUS GAUNTLET

In the current battle for the Lexus Gauntlet, UCLA has 35 points and USC has 55 points. More information about the Lexus Gauntlet can be found at http://gauntlettrophy.collegesports.com/.

#### **LAST WEEK**

#### Monique Henderson Wins 200m at UC San Diego Triton Invitational (April 23-24), Defeats Olympian Merlene Ottey

- Junior Monique Henderson, from San Diego's Morse HS, had the top time in the 200m, 23.03 (2.0, personal-best, Regional Qualifier (RQ) and No. 7 in school history). In heat one, Henderson defeated seven-time Olympic medallist Merlene Ottey (Slovenia), who finished second (23.84). Henderson and Ottey's times were the top two of the day. Henderson also ran the first leg on UCLA's 4 X 400m relay, that placed second (3:52.85).
- UCLA's other winner on Saturday was sophomore Chelsea Johnson, who won the pole vault (13-7.25) and sophomore Jacqueline Nguyen was third (13-1, personal outdoor best, RQ). Johnson this outdoor season has twice set the NCAA record, the last time at 15-0 (3/27).
- Other top Bruin performers included junior Caroline Sommers in the high jump (third overall, second collegian, 5-7) and in the women's shot put, the Bruins placed third and fourth overall; junior Jessica Cosby was third (second collegian, 55-1) and freshman redshirt Kamaiya Warren was fourth (third collegian, 53-10.50, personal-best, RQ, No. 10 in school history).

In the discus, Bruin great Suzy Powell placed second (205-2). **Friday** 

- Freshman Leslie Barrie won the 3000m steeplechase, in a time of 11:20.94 (personal-best/team-leading). Junior Carolyn Shea was second (11:30.32) and sophomore Ashley Allen was fourth (11:40.23).
- In other women's competition on Friday junior Jessica Cosby placed third overall in the hammer throw 209-1 (top collegian, personal-best, No. 3 in school history, RQ) and senior Cari Soong was fifth (second collegian, 204-11).

#### **Penn Relays**

Sophomore Sheena Gordon, who is from Erie, PA (MacDowell HS) on Thursday competed in the high jump and on Friday in the triple jump. Gordon, who has a personal-best 6-1.25 (Pac-10 leader) this season, no-heighted in the collegiate championship high jump and in the collegiate championship triple jump, she placed sixth (41-7.75, RQ).

#### **LOOKING AHEAD**

Next weekend, the Bruins will be at three different sites - May 7-9 at Modesto Invitational, May 8 at Occidental Invitational and May 8-9 at the Pac-10 Multi-Events, hosted by the University of Arizona (the Pac-10 Championships will be in Tucson May 15-16).

#### BRUIN HEAD COACH JEANETTE BOLDEN

Is in her 11th season as the UCLA women's track & field head coach and 13th on the Bruin staff.

On Feb. 13, Bolden was presented the prestigious C. Vivian Stringer Award by Dr. Robert S. Block, founding trustee of the United States Sports Academy.

The C. Vivian Stringer Coaching Award is presented (by the U. S. Sports Academy) to a woman who has experienced outstanding achievement as a coach. This person should exhibit a high standard of propriety, imagination and innovation as a character-builder in the tradition of great teacher-coaches.

The award is named after C. Vivian Stringer, who is in her 10th season as the head women's basketball coach at Rutgers. In her 33rd year as a head coach, Stringer was inducted into the Women's Basketball Hall of Fame in 2001. The fourth winningest coach in women's basketball, Stringer is the only coach in women's or men's basketball to take three different schools to the NCAA Final Four (Rutgers 2000, lowa 1993, Cheyney 1982).

Past winners of this prestigious women's coaching honor, established in 2002, have been Amy Ruley (2002), highly successful women's basketball coach at North Dakota State and Sarah Patterson (2003), legendary women's gymnastics coach at Alabama.

#### Bolden's other coaching honors include -

- -Led UCLA to back-to-back NCAA Indoor Championships (2000-01) and a runner-up finish in 2002; 8th-place tie in 2003; 5th in 2004.
- -Ten Top 10 NCAA Outdoor finishes, including five second-place finishes
- -2003 NCAA West Region Team Champion
- -Eight-time USTCA West Region Coach of the Year, including last seven consecutive seasons.
- -Nine Pac-10 titles in 10 years, including last seven consecutive seasons.
- -Nine-time Pac-10 Coach of the Year, including last seven consecutive seasons.
- -Unbeaten Career dual record of 69-0, including 10-0 mark vs. USC.
- -Eight-time National Dual Team Champion, including seven of last

eight seasons.

#### **NATIONAL RANKINGS**

In collegiate track & field, there are two national rankings - **<u>Trackwire</u>** and the USTCA sponsored **<u>Team Power Ranking</u>**.

**Trackwire's** National Top 25 is a power ranking of NCAA Div. I T & F teams. This ranking's methodology takes into account a variety of statistical predictors and is intended to project the outcome of the 2004 NCAA Div. I T & F Championships (June 9-12 at Austin, TX). The scores provided with the rankings indicate each team's projected score based on form charts for each NCAA event (entering last season's NCAA Outdoor, UCLA was ranked No. 3 and placed 8th at the NCAA Outdoor).

<u>Team Power Ranking</u> is a computer program rating teams by individual marks and dual meet strength (the UCLA women ranked No. 2 in the final 2003 standings and have been the National Dual Meet Champion seven of the last eight seasons). In last week's (April 19) Team Power Ranking, the Bruins were No. 1 in the U. S. (406.07, ahead of No. 2 Nebraska 398.76).

#### **Trackwire National Top 25 Rankings**

Week of	UCLA Women
Preseason Indoor	5th
Before NCAA Indoor	6th (Bruins placed 5th at
	2004 NCAA Indoor)
April 6 (First Outdoor Ranking)	2nd
	0 1=1 11 = 1

April 13 2nd T (with Texas)

 April 20
 2nd

 April 27
 2nd

## 2004 PAC-10/NCAA REGIONAL/NCAA OUTDOOR T&F CHAMPIONSHIPS

The **2004 Pac-10 Championships** will be held in Tuscon and hosted by the University of Arizona (May 8-9, Saturday-Sunday-Multi Events/May 15-16, Saturday-Sunday-Championships). The Bruin women have won nine Pac-10 titles in 10 years, including the last seven consecutive seasons.

The **2004 NCAA West Regionals** will be hosted by CS Northridge, May 28-29 (Friday-Saturday). UCLA won the first- ever team title last season at Stanford.

The **2004 NCAA Outdoor Championships** will be hosted by the University of Texas at Austin June 9-12. In recent history, the Bruin women have 10, Top 10 placements at the NCAA Outdoor, including five second-place finishes (2002-2001-1999-1998-1995).

#### PAC-10 ATHLETE OF THE WEEK

**April 13 - Sheena Gordon, Field Athlete of the Week** - Gordon won the Rafer Johnson/Jackie Joyner Kersee Invitational high jump with a personal-best leap of 6-1.25. The mark ties for the third-best in UCLA history.

#### Pac-10 Leaders

In this week's (April 26) Pac-10 weekly marks, the Bruins have nine event leaders:

**200m** - Monique Henderson, 23.03; **400m**- Monique Henderson, 51.49; **Mile** - Lena Nilsson, 4:37.62i; **4 X 400m Relay**, 3:33.18; **HJ** - Sheena Gordon, 6-1.25; **PV** - Chelsea Johnson, 15-0 (NCAA Outdoor Record); **LJ** - Renee Williams, 21-1.50i; **TJ** - Candice Baucham, 44-2.75i; **HT** - Cari Soong, 209-2

#### **ACADEMICS**

### Pac-10 Cross Country

First Team

Carmen Winant, Jr., 3.81gpa/art

#### **Second Team**

Melissa McBain, Sr., 3.36gpa/pre-psychology Jenna Timinsky, So., 3.74gpa/undeclared

#### **Honorable Mention**

Ashley Allen, So.; Leslie Barrie, So., Maribeth Buche, So.; Ashley Caldwell, RFr.; Emily Haigh, RFr.; Carolyn Shea, Jr.; Sarah West, So.

### **UCLA PRONUNCIATION GUIDE**

Candice Baucham (Bow-kam), Leslie Barrie (Barry), Alejandra Barrientos (Bar-e-in-tos), Maribeth Buche (Boo-shay), Kiyoko (Keyo-ko) Guillory; Emily Haigh (Haag); Nastassja (Nas-taj-a) Hall; Chelsea (Chel-cee) Johnson; Jamie Kolar (Ko-lar), Adia (A-dee-a) McKinnon, Nana (Na-Na) Merriweather, Jacqueline Nguyen (New-yen); Lena (Lee-na) Nilson (Nil-son), T'Carra (Ta-car-a) Pennick, Manyuan (goes by first name of Mani, pronounced Ma-nee) Reffell (Ra-fell), Briona (Bree-a-na) Reynolds; Georgea (Georgia) Richards, Hasani (goes by first name of Sani, Saw-nee) Roseby (Rose-bee), Jenea (Ja-nay) Russ (Rus); Lara Saye (Say), Cari (Care-ee) Soong, Kamaiya (Ka-my-ah) Warren; Talita (Ta-lee-ta) Wells, Carmen Winant (Wy-nant), Jessica Yanez (Ya-nez).

# 2004 UCLA WOMEN'S T & F OUTDOOR/INDOOR/CROSS COUNTRY HIGHLIGHTS

#### **OUTDOOR HIGHLIGHTS**

#### April 14-17 - Mt. SAC Relays

Monique Henderson, Chelsea Johnson Pace Bruins at Mt. SAC Relays

Junior **Monique Henderson** (400m) and sophomore **Chelsea Johnson** (pole vault) won their invitational events on Sunday at the Mt. SAC Relays and are UCLA's nominees for Pac-10 Women's Track & Field Athletes of the Week (April 19).

Henderson (San Diego/Morse HS) won the 400m in a time of 51.49 (regional qualifier/RQ). It's her first 400m outdoor mark this season. The time would be No. 4 on the all-time UCLA chart (Henderson already holds the No. 2 spot, 51.10, 2002) and is the former national high school record holder (50.74, personal-best).

Johnson (Atascadero HS) won the pole vault with a mark of 14-8 (4.47), setting a new meet record. She missed three attempts at 15-1.25, which would have broken her NCAA Outdoor mark of 15-0 (March 27).

Also performing well at last weekend's Mt SAC Relays were: -senior **Hasani Roseby**, second in her heat, third overall (11.56, 0.5,season-best, RQ) in the university open 100m.

- -junior **Jessica Cosby**, fourth (56-7.25/17.25, season-best, RQ) in the invitational shot put
- -freshman **Kamaiya Warren**, second (50-11/15.52) in the university open shot put
- -redshirt freshman **Jenna Timinsky**, fifth (2:06.26, personal-best, RQ, No. 8 in UCLA history) in the university open 800m
- -senior **Melissa McBain**, ninth (4:19.01, personal-best, RQ) in the invitational 1500m
- -senior Cari Soong, 10<sup>th</sup> (207-10/63.36) in the hammer throw The Bruins also ran well in the university open 1500m. Redshirt sophomore **Alejandra Barrientos** won her section in a time of 4:17.60, the second-best overall mark in the event and it was her personal-best, RQ and No. 8 in school history. Also winning their

heats in the 1500m were sophomore **Ashley Caldwell** (4:27.40) and sophomore **Allison Hall** (4:33.65).

Alumni who competed in invitational events at Mt. SAC included-Bisa Grant, second in the 100m hurdles (13.09, 1.9); Tracy O'Hara, fifth-place (tie) in the pole vault (13-6.25); Amy Acuff, second in the long jump (6-3.50) and in the discus, Suzy Powell (second, 206-1) and Seilala Sua (third, 191-11).

#### Hall, Richards Compete at CA Invitational Heptathlon (April 14-15)

Sophomore **Nastassja Hall** finished sixth and freshman **Georgea Richards** placed 10<sup>th</sup> at the California Invitational Heptathlon, held in conjunction with the Mt. SAC Relays, at Azusa Pacific.

Hall finished with 4,621 points and was also sixth after the first day of competition, with 2,826 points. Richards had 4,447 points and was again  $10^{th}$  after the first day, with 2,742 points. Both are Pac-10 qualifying marks (2004 Pac-10 Multi Events, May 8-9, Tucson, AZ

## April 8-10 - Rafer Johnson/Jackie Joyner-Kersee Invitational

UCLA's Drake Stadium hosted the second annual Rafer Johnson/ Jackie Joyner Kersee Invitational.

#### Saturday's Results

#### UCLA Sophomore Sheena Gordon Wins HJ, Winning Mark of 6-1.25 Tied for No. 3 in School History; A World-Leading Time and Three U. S. Leading Marks Highlight Meet

On the final day of the Rafer Johnson/Jackie Joyner-Kersee T & F Invitational, held at UCLA's Drake Stadium before a crowd of approximately 2,000, UCLA sophomore **Sheena Gordon** won the high jump and her mark of 6-1.25 was a meet record, personal-best, tied for No. 3 in school history and an NCAA Regional qualifier (RQ).

In a meet highlighted by top marks from elite collegians and professional track & field athletes, there was one World-leading time and three U. S. leading marks.

#### **Collegians**

Bruin sophomore **Chelsea Johnson** narrowly missed breaking her NCAA Outdoor pole vault record, winning the vault with a mark of 14-6. Johnson, who has twice set the NCAA Outdoor record this season, last at 15-0 on March 27, just missed on her three attempts at 15-1.

Also winning for the Bruins were - senior **Melissa McBain** in the 1500m (4:21.94/on Friday night, McBain also won the 3000m, 9:23.88); **UCLA's 4 X 400m relay** (3:38.16/senior Sheena Johnson, freshman MacKenzie Hill, junior Monique Henderson and senior Sani Roseby) and senior **Karina Powell** in the javelin (143-0, season-best, RQ).

Other top UCLA performances included - in the 100m, **Monique Henderson** (3rd, 11.59, season-best, RQ); in the 800m, redshirt freshman **Jenna Timinsky** (3rd, 2:07.51); in the 1500m, sophomore **Alejandra Barrientos** (2nd, 4:23.41, personal-best, RQ); in the 100m hurdles, senior **Sheena Johnson** (2nd, 13.22, RQ), senior **Hasani Roseby** (4th, 13.42, RQ) and sophomore **Dawn Harper** (6th, 13.74, RQ); in the 400m hurdles, **MacKenzie Hill** (6th, 59.24, RQ); in the long jump, junior **Dana Bethel** (3rd, 19-9.50w, +2.1) and in the shot put, junior **Jessica Cosby** (4th, 55-8.25, RQ) and freshman **Kamaiya Warren** (5th, 51-6.50, personal-best, RQ).

#### **Professionals**

In the 400m hurdles, Sheffield Elite Track Club's Brenda Taylor's winning time of 55.05 is a world leader.

There were two American leading marks. In the 100m hurdles, Bruin great and Nike's **Michelle Perry's** winning time of 13.03 and

in the shot put, Nike's Kristin Heaston's 59-6.75 is also No. 11 all-time on the U.S. list.

Also placing first in their events included such world-class athletes as HSI's Inger Miller in the 100m (11.35) and HSI's Torrie Edwards in the 200m (22.73).

Other Bruin greats who won events included **Seilala Sua**, taking first place in the discus (190-10).

#### **Friday's Results/Distance Carnival**

On Friday night in collegiate women's open distance events, UCLA's distance runners performed well as redshirt freshman **Jenna Timinsky** placed first and sophomore **Ashley Caldwell** finished second in the 1500m; senior **Melissa McBain** was first and sophomore **Alejandra Barrientos** placed second in the 3000m and junior **Carmen Winant** won the 5000m.

In the 1500m, Timinsky's winning time of 4:23.88 was a personal-best and NCAA Regional Qualifier and Caldwell's mark of 4:25.35 was also an NCAA Regional qualifier. In the 3000m, McBain's winning time was 9:23.88 and Barrientos came in at 9:28.35. In the 5000m, Winant's winning mark was 17:37.74

#### Friday's Results/Collegiate Open

On Friday (April 9) in collegiate open events, UCLA freshman **MacKenzie Hill** won the 100m hurdles and Bruin senior **Sani Roseby** won the 100m. Hill's winning mark was 14.00 (2.0), a season-best and NCAA Regional qualifier. Roseby's winning time was 11.81.

#### Thursday's Results/Hammer Throw

UCLA senior **Cari Soong** won the women's event, with a meet record (breaking her mark of 202-8, 2003), season-best and NCAA Regional Qualifying mark of 209-2. Bruin junior Jessica Cosby placed third overall (second collegian), with a mark of 192-6.

#### **April 1-3 - at Texas Relays**

#### Day One 4x800m Highlights

The team of **Ashley Caldwell, Melissa McBain, Allison Hall and Jenna Timinsky** placed second in 8:39.08. Caldwell led off in 2:08.3, followed by McBain's 2:07.6. Hall ran 2:12.2 and Timinsky ran the anchor leg in 2:10.5.

#### **Day Two Highlights**

Sophomore **Sheena Gordon** was one of the standout performers of the day. Gordon won section B of the high jump, clearing a regional qualifying 5-10 (1.78m). She came back later in the day and competed in section A of the high jump. Gordon improved upon this morning's performance and won with a personal best outdoor clearance of 5-11.25 (1.81m).

The Bruin's **4x400m relay** squad won heat four of the prelims in 3:33.18. Sani Roseby led things off with a split of 54.1, followed by Sheena Johnson (52.3) and MacKenzie Hill (55.1). Junior Monique Henderson anchored the relay with a split of 51.6. The Bruins had the second fastest time of the prelims.

In the final event of the day for the Bruins, the **1600m sprint medley** relay team of Roseby, Johnson, Henderson and Jenna Timinsky placed second overall in 3:50.79.

#### **Final Day Highlights**

Sophomore **Chelsea Johnson** continued her success in the pole vault. Johnson won the event, setting the new meet record at 14-9 (4.50m). Last weekend, at the Stanford Invitational, Johnson became the first collegiate woman to clear 15-0. It is a new NCAA record, breaking the previous record of 14-9 set by Johnson on March 6.

The Bruin **distance medley relay** squad of Alejandra Barrientos, MacKenzie Hill, Ashley Caldwell and Melissa McBain placed second in 11:15.49. Barrientos led off in 3:30, followed by Hill in 55.1.

Caldwell ran the 800m leg in 2:08.4 and McBain anchored in 4:41.

#### MARCH 26-27 - AT THE STANFORD INVITATIONAL AT PALO ALTO.

The Bruin women were led by sophomore **Chelsea Johnson who became the first woman in collegiate history to pole vault 15-0 feet, winning the event.** The 15-0 (4.57m) vault broke her own NCAA Outdoor/UCLA record of 14-9 that she set on March 6 (breaking Oregon's Becky Holliday's mark of 14-8, 2003) and it's the No. 5 effort all-time. Johnson's vault also broke the meet record of 14-1.25 (4.30m) set by UCLA's Tracy O'Hara in 2002.

Other top Bruin performers included:

**800m -** redshirt freshman **Jenna Timinsky**, 6<sup>th</sup>, 2:06.85 (personal-best, RQ); sophomore **Ashley Caldwell**, 14<sup>th</sup>, 2:09.86 (season-best, RQ)

**1500m** - senior **Melissa McBain**, 9<sup>th</sup>, 4:20.19 (personal-best, RQ); **Alejandra Barrientos**, 20<sup>th</sup>, 4:28.29, (season-best, RQ) **High Jump** - senior **Julie Stevenson**, 4<sup>th</sup>, 5-8

Hammer Throw- Cari Soong, 4th, 193-4

best, RQ)

#### Results from Saturday (March 27)

**800m** - Jenna Timinsky,  $6^{th}$ , 2:06.85 (personal-best, RQ); Ashley Caldwell,  $14^{th}$ , 2:09.86 (season-best, RQ); Allison Hall,  $22^{nd}$  (2:12.67) **1500m** - Melissa McBain,  $9^{th}$ , 4:20.19 (personal-best, RQ); Alejandra Barrientos,  $20^{th}$ , 4:28.29 (season-best, RQ)

**3000m SC** - **Ashley Allen**, 34<sup>th</sup>, 11:21.09 (personal-best); **Carolyn Shea**, 35<sup>th</sup>, 11:21.37 (season-best); **Leslie Barrie**, 38<sup>th</sup>, 11:35.59

4 X 400m Relay - UCLA A, 13th, 3:52.72 (season-best)

**High Jump** - **Julie Stevenson**, 4th, 5-8 (1.73); **Caroline Sommers**, 16th, 5-6 (1.68)

**Pole Vault - Chelsea Johnson**, 1<sup>st</sup>, 15-0/4.57 (NCAA Outdoor Record/school record/first women's collegiate vaulter to reach the 15-foot mark, personal-best, RQ, No. 5 all-time/ on March 6, Johnson set a new NCAA Outdoor mark of 14-9, breaking the old record of 14-8, Becky Holliday, Oregon, 2003)

**Hammer Throw - Cari Soong**, 4th, 193-4 (58.94); **Jessica Cosby**, 9th, 184-1 (56.10)

#### Results from Friday (March 26)

**800m (B)**, Heat 3 - **Jennifer Esser**, 4<sup>th</sup>, 2:15.31 (13<sup>th</sup> best time) **1500m (B)**, Heat 1 - **Emily Haigh**, 4<sup>th</sup>, 4:37.14 (ninth- best time); **Sarah West**, 11<sup>th</sup>, 4:45.94 (29<sup>th</sup> best time)

**5000m**, **Heat 3 - Valerie Flores**, 1<sup>st</sup>, 17:14.78 (season-best)(38<sup>th</sup> best time); **Carmen Winant**, 6<sup>th</sup>, 17:39.81 (62<sup>nd</sup> best time)

**Pole Vault (B)** - Flight 1 - **Jackie Nguyen**, 2ndT, 12-3.50 (3.75)(second-best mark)

Discus (B) - Kamaiya Warren, foul

**Javelin - Karina Powell**, 16<sup>th</sup>, 128-5 (39.14)(16<sup>th</sup> best mark) RQ = Regional Qualifier

#### March 19-20 - at CS Northridge Invitational

UCLA was led by junior **Monique Henderson**, who had the fastest times in both the 100m and 200m and turned in two NCAA West Region qualifying times (season-best 100m, 11.63, -1.3/

season-best 200m, 23.24, 0.6).
Sophomore **Kiyoko Guillory** had the third-best time in the 200m (season-best 25.16, 2.0); freshman **Georgea Richards** had the third-fastest mark in the 100m hurdles (season-best 14.75, 0.4) and senior **Karina Powell** had the top distance in the javelin (season-best 139-07).

## MARCH 6-AT UCLA 238 vs. CAL POLY-SLO 127/CS FULLERTON 117/CS Los Angeles 71

In the season home opener at Drake Stadium, the Bruin women scored 238 points for the victory. UCLA won 14 events and eleven Bruins also had NCAA Regional qualifying marks.

Leading the way was sophomore **Chelsea Johnson**, who won the pole vault. Johnson vaulted a personal best and NCAA outdoor record breaking 14-9 (4.50m) for the victory. The height is also a Drake Stadium and UCLA school record. Oregon's Becky Holliday set the previous NCAA Outdoor mark of 14-8 (4.47m) last season.

The Bruins had a pair of dual event winners. Junior **Monique Henderson** won the 100m and 200m dash in 11.71 (-1.1) and 23.66 (-1.4). Both times are regional qualifiers. Redshirt freshman **Kamaiya Warren** won the shot put, 51-2.75/15.61m, and discus, 150-4/45.82m. Her shot put mark is a regional qualifier. True freshman **MacKenzie Hill** won the 400m and 110m hurdles in 56.31 and 14.24 (0.8). Hill's 110m hurdles time is a regional qualifier.

Other victorious Bruins were **Melissa McBain** (800m, 2:08.96PR, RQ), **Alejandra Barrientos** (1500m, 4:30.82), **Valerie Flores** (5000m, 17:25.52), **Cari Soong** (hammer, 207-7/63.28m, RQ) and **Karina Powell** (javelin, 138-10/42.33m).

UCLA's 400m and 1600m relays were also victorious. The 400m relay squad of Hill, Kiyoko Guillory, Henderson and Adia McKinnon won in 46.27 and the 1600m relay team of Jennifer Esser, McBain, Allison Hall and Barrientos won in 3:53.88.

#### **INDOOR HIGHLIGHTS**

#### MARCH 12-13 - AT 2004 NCAA INDOOR AT FAYETTEVILLE, AR

The UCLA women sent 13 athletes to the 2004 NCAA Indoor Championships, at the University of Arkansas' Tyson Indoor Stadium.

A total of 10 All-America performances, seven top-five finishes, four personal bests and a school record highlighted this year's NCAA Indoor. In the team standings, the Bruin women finished fifth overall with 40 points, behind No. 1 LSU (52), No. 2 Florida (51), No. 3 Nebraska (45.50) and No. 4 Tennessee (43).

#### 2004 UCLA Indoor All-Americans (10)

Candice Baucham (TJ), Ashley Caldwell (DMR/second career All-American honor), Jessica Cosby (SP/third career All-American honor), Dawn Harper (60mH), Chelsea Johnson (PV), Sheena Johnson (60mH, DMR/9th and 10th career All-American honors), Melissa McBain (DMR), Lena Nilsson (DMR/fourth career All-American honor), Cari Soong (WT/seventh career All-American honor), Renee Williams (LJ).

#### **Individual Results**

#### CANDICE BAUCHAM

**Triple Jump**, 3rd, 44-2.75 (13.48m), Personal best, No. 2 all-time entered the meet No. 12 on the collegiate list (43-4.25).

#### JESSICA COSBY

**Shot Put**, 4th, 56-6.50 (17.23m) - entered the meet No. 6 on the collegiate list (56-0.50); **Weight Throw**, 9th in flight 2, 58-4.75 (17.80m) - entered the meet No. 11 on the collegiate list (66-11.25).

#### DAWN HARPER

**60mH**, 4th, 8.13 (8.17q), Personal Best-entered the meet No. 11 on the collegiate list (8.19).

#### CHELSEA JOHNSON

**Pole Vault**, 2nd, 13-11.25 (4.25m) -entered the meet No. 1 on the collegiate list (14-8).

#### SHEENA JOHNSON

**60mH**, 3rd, 8.11 (8.11q)-entered the meet No. 4 on the collegiate list (8.06).

#### SANI ROSEBY

60mH, 5th in heat 3, 8.26 - entered the meet No. 13 on the colle

giate list (8.20).

#### CARI SOONG

**Weight Throw**, 8th, 69-4.75 (21.15m), Personal best, School Record (former 69-00/21.03m by Seilala Sua, 2000) - entered the meet No. 9 on the collegiate list (67-8.25).

#### RENEE WILLIAMS

**Long Jump**, 6th, 20-1.50 (6.13m) - entered the meet No. 1 on the collegiate list (21-1.50).

#### DISTANCE MEDLEY RELAY

3rd, 11:08.70, season-best (**Melissa McBain**, **Sheena Johnson**, **Ashley Caldwell**, **Lena Nilsson**) -entered the meet No. 6 on the collegiate list (11:10.98).

#### FEBRUARY 27-28-AT 2004 MPSF INDOOR AT SEATTLE, WA

At the 2004 MPSF Indoor Track and Field Championships, hosted by Washington at Dempsey Indoor Stadium, the Bruins placed second. Stanford won for the third consecutive year, scoring 148 points. **Runner-up UCLA scored 109 points**, followed by Washington with 83 points. Rounding out the Top-Five teams were Washington State (fourth, 73) and Arizona (fifth, 62).

Four Bruins were victorious. **Dawn Harper** won the 60m hurdles in a provisional time of 8.19. In the pole vault, school record holder and national leader **Chelsea Johnson** vaulted 14-4.50 (4.38m) and was named the MPSF Female Athlete of the Meet. In the throwing events, the Bruins set a pair of meet records on the way to victory. **Jessica Cosby** threw an NCAA automatic 56-0.50 (17.08m) in the shot put and in the weight throw, **Cari Soong** won with a throw of 67-1.25 (20.45m).

#### Feb. 14-AT PAC-10 INDOOR INVITATIONAL AT SEATTLE, WA

At the Pac-10 Indoor Invite, at Washington's Dempsey Indoor Stadium, **Chelsea Johnson** was the key Bruin performer of the meet. Johnson won the pole vault with a then-personal best height of 14-8 (4.47m). By clearing the height, Johnson set a new school record, breaking the

previous record of 14-7.25 set by former Bruin great and collegiate records-holder Tracy O'Hara in 2000. Johnson also broke the Dempsey facility record of 14-3.50 (4.36m) set by O'Hara in 2003.

Johnson was one of three Bruin event winners. **Jessica Cosby** won the shot put with a then-season best performance of 53-8.25 (16.36m). It is a NCAA provisional qualifying mark. Senior **Cari Soong** continued her winning streak at Dempsey Stadium, winning the weight throw with an NCAA Automatic qualifying mark of 67-0.75 (20.44m)

The distance medley relay of Alejandra Barrientos, Jenna Timinsky, Ashley Caldwell and Lena Nilsson won in an NCAA Automatic time of 11:10.98.

#### **CROSS COUNTRY HIGHLIGHTS**

#### **2004 WORLD CHAMPIONSHIPS**

Led by top finishers Amber Harper and UCLA freshman **Alison Costello** (Yorba Linda/Esperanza HS), Team USA's Junior Women's squad placed fourth Saturday (March 20) at the 2004 IAAF World Cross Country Championships in Brussels, Belgium.

Team USA's junior women's team took to the course first on Saturday and equaled its best ever placing at the World Cross Country Championships by finishing fourth in the team competition with 120 points. Ethiopia grabbed the top four places in winning the team competition with 10 points.

Kenya was the runner-up with 36 points, with Japan third with 67 points. Team USA's junior women also placed fourth in 1995 in Durham, England, and in 2003 in Lausanne, Switzerland.

The U.S. was led by Amber Harper (Provo, Utah), who placed 24th, followed by **Alison Costello** (UCLA/Los Angeles, Calif.) in 30th (22.10) and Amanda Trotter (Palo Alto, Calif.) in 31st. Jennifer Barringer (Oveido, Florida) was 35th with Trotter's twin sister Katy (Palo Alto, Calif.) 36th and Brittany Brockman (Waco, Texas) 60th.

#### **2004 USA CHAMPIONSHIPS**

UCLA freshman **Alison Costello** (Yorba Linda/Esperanza HS) on Feb. 7 won the 2004 USA Junior Women's Cross Country individual championship in Indianapolis. She ran the 6km course in a winning time of 20:55, ahead of second-place Kathleen Trotter (Stanford), in a time of 21:06. The race was held at Indianapolis' Fall Creek and 16th Street Park.

The top six finishers in the junior women's competition (age 19 and under) qualify for the U. S. team that will travel to Brussels, Belgium for the upcoming IAAF World Championships (March 20-21). Joining Costello and K. Trotter on the U. S. team will be - third-place Amber Harper (BYU, 21:19), fourth-place Jennifer Barringer (UNAT, 21:21), fifth-place Amanda Trotter (Stanford, 21:34) and sixth-place Brittany Brockman (UNAT, 21:37).

Last fall, Costello was one of the Bruins' top cross country runners, helping the UCLA women qualify automatically as a team to the NCAA Championships (UCLA placed seventh, its highest finish since 1985). In last fall's major cross country invitationals, Costello placed 153rd (21:34.1) at the NCAA, 14th (20:53, earning All-Region honors) at the NCAA West Region Qualifying and 15th (22:19.0) at the Pac-10, 24th (21:02.2) at the Pre-National and fourth (21:21) at the Stanford Invitiatonal.

At the 2003 CA State meet as a senior at Esperanza, Costello placed third in the 1600m in a personal-best 4:53.74.

#### **2003 UCLA CROSS COUNTRY**

Eric Peterson's UCLA women's cross country squad in 2003 had one of the most successful campaigns in school history.

At the **NCAA Championships** (Nov. 24 at Northern Iowa U./6k), the Bruins were an automatic qualifier and placed

seventh as a team, with 293 points. It's the highest UCLA placement under Peterson and one of only five Top 10 NCAA finishes in Bruin women's cross country history.

UCLA was led by two All-Americans, senior **Valerie Flores** placed 20th (20:28.9) and redshirt freshman **Ashley Caldwell** was 36th (20:45.6).

At the **NCAA West Region** (Nov. 15 in Portland, OR/6k), UCLA placed second (69 points) and had five All-Regional

runners - Flores (4th, 20:30), Caldwell (11th, 20:50), freshman **Alison Costello** (14th, 20:53), sophomore **Jenna Timinsky** (21st, 21:03) and senior **Melissa McBain** (25th, 21:11).

At the **Pac-10 Championships** (Nov. 1 at Washington State/6K), UCLA was third (79 points) and led by first-team All-Pac-10 runner Flores (7th, 21:55.10) and second-team All-League Caldwell (14th, 22:17.2).

